

**FEAST OF THE BAPTISM OF THE LORD**  
**S A I N T   T H E R E S A   P A R I S H**  
ARCHDIOCESE OF GALVESTON—HOUSTON



**SAINT THERESA CATHOLIC CHURCH**  
705 SAINT THERESA BOULEVARD & SUGAR LAND, TEXAS 77498 & 281-494-1156  
[WWW.SUGARLANDCATHOLIC.COM](http://WWW.SUGARLANDCATHOLIC.COM)

**WEEKDAY MASS SCHEDULE**  
**MISA ENTRE SEMANA**

Monday—Friday  
6:45 a.m., 8:30 a.m.

**NOTICE:**

**There will be no  
evening Masses on  
Tuesday and Thursday  
temporarily due to  
shortage of Priest.**

Miércoles  
7:00 p.m. (español)

Monday & Friday  
(Latin, Extraordinary Form)  
5:30 p.m.

**CONFESIÓN • CONFESIONES**

Saturday • Sábado  
3:15 p.m. – 4:15 p.m.

Sunday • Domingo  
4:00 p.m. – 4:45 p.m.

Weekdays • Entre Semana  
Monday-Friday:  
after each Morning Mass  
Tuesday & Thursday  
at 6:00 p.m.

Miércoles a las 6:00 p.m. (español)

**WEEKEND MASSES**  
**MISAS DEL FIN DE SEMANA**

**SATURDAY • SÁBADO**  
8:30 a.m.  
5:00 p.m. (anticipatory  
Sunday Mass)

**SUNDAY • DOMINGO**  
6:30 a.m., 8:00 a.m. (español),  
10:00 a.m., Noon,  
2:00 p.m. (español),  
5:00 p.m. (Latin,  
Extraordinary Form)

**On the cover:**

Coypel, Antoine.

*The Baptism of Christ.*

1690, oil on canvas.

Los Angeles County Museum of Art,  
Los Angeles, California.

**FROM THE PASTOR'S DESK**

Dear Brothers and Sisters in Christ,

In December, Cardinal DiNardo issued a statement regarding the various vaccines for COVID-19 that are becoming available to individuals here in Texas. He wrote in part:

Some individuals and groups are publicly asserting that if a vaccine is connected in any way with tainted cell lines then it is immoral to be vaccinated with it. This is an inaccurate presentation of Catholic moral doctrine and I would like to offer some clarifications regarding the moral permissibility of using the COVID-19 vaccines developed by the companies Pfizer and Moderna. Neither the Pfizer nor the Moderna vaccine involved the use of cell lines that originated in tissue taken from the body of an aborted baby at any level of design, development, or production. However, these vaccines are not completely free from any connection to abortion, as both Pfizer and Moderna made use of a tainted cell line for one of the confirmatory lab tests of their products. There is thus a connection, but it is relatively remote and should not be the basis for refusing to receive the vaccine. A third possible vaccine, this one produced by AstraZeneca, is morally concerning because of its origins. However, according to Catholic moral teaching it is also acceptable to receive it for the sake of our own health and the health of others if it is the only vaccine available in a given place. It is morally permissible to receive the COVID-19 vaccines which will be available for distribution in Texas beginning this month [December].

In 2008, the Congregation for the Doctrine of the Faith issued a document on various moral issues called *Dignitas Personae* which also spoke of vaccines of that made use of tissue derived from abortions. The CDF also said that if other options are not available and there is a seriously grave reason to take the vaccine then Catholics may do so if they “make known their disagreement and to ask that their healthcare system make other types of vaccines available” (35). Since most people will have to wait for a vaccine anyway, it seems that a good way to protest is to wait for a vaccine that is not connected with abortion at all.

At this point, given what we know, there is no obligation to reject or take the vaccine and the matter is left to the prudential judgment of individuals. I have read some concerns online that the vaccine may cause infertility by targeting certain spike proteins. After speaking with a couple of doctors in our parish the consensus is that there is not enough of a similarity between the proteins to cause a reaction.

We will likely learn more in the coming months, but if you are of an age where having children is possible and are considering the vaccine, this is something to research and have a serious conversation with your doctor about. This is, of course, not a concern for the elderly in making their decision.

May God bless you,  
**Fr. David Angelino**



**¿ESTÁ DIOS LLAMÁNDOTE A HACER ALGO MÁS?  
¡VEN Y EXPLORA LA IGLESIA CATÓLICA!**

Si tienes 17 años de edad o más y no has sido bautizado, o has sido bautizado en otra comunidad de fe, o bautizado Católico pero que nunca has recibido la Primera Comunión, entonces RICA es para ti!

Debido a la **pandemia de COVID 19**, no podemos reunirnos en persona. Sin embargo, sabemos que el llamado del Espíritu Santo no se detiene. Si usted está interesado en creciendo en su relación con Jesucristo o simplemente tenga algunas preguntas acerca de Dios y la Iglesia Católica, estamos aquí para caminar con usted.

**Póngase en contacto con:  
Elsa Galindo al  
713-534-7395**

Si usted, su hijo o alguien a quien usted conoce, tiene entre 7 y 16 años de edad, no haya sido bautizado o ha sido bautizado en otra comunidad de fe, tenemos el proceso de RICA propio para cada grupo de diferentes edades. Las sesiones de Iniciación son todos los miércoles a las 6:30 pm. Por favor haga una cita en la oficina al teléfono 281-494-1156 para Registrar su Familia y los Niños antes de atender la primera sesión.

## DE NUESTRO PÁRROCO

Queridos hermanos y hermanas en Cristo,

En diciembre, el cardenal DiNardo emitió una declaración sobre las diversas vacunas para COVID-19 que están disponibles para las personas aquí en Texas. Escribió en parte:

Algunas personas y grupos afirman públicamente que, si una vacuna está conectada de alguna manera con líneas celulares contaminadas, entonces es inmoral vacunarse con ella. Esta es una presentación inexacta de la doctrina moral de la iglesia católica y me gustaría ofrecer algunas aclaraciones sobre la permisibilidad moral del uso de las vacunas COVID-19 desarrolladas por las empresas Pfizer y Moderna. Ni la vacuna Pfizer ni la de Moderna involucraron el uso de líneas celulares que se originaron en el cuerpo de un bebé abortado en ningún nivel de diseño, desarrollo o producción. Sin embargo, estas vacunas no están completamente libres de conexión con el aborto, ya que tanto Pfizer como Moderna hicieron uso de una línea celular contaminada para una de las pruebas de laboratorio de confirmación de sus productos. Por tanto, existe una conexión, pero es relativamente remota y no debe ser la base para negarse a recibir la vacuna. Una tercera posible vacuna, producida por AstraZeneca, es moralmente preocupante debido a sus orígenes. Sin embargo, de acuerdo con la doctrina moral católica, también es aceptable recibirla por el bien de nuestra propia salud y la de los demás si es la única vacuna disponible en algún lugar. Es moralmente permisible recibir las vacunas COVID-19 que estarán disponibles para distribución en Texas a partir de este mes.

En 2008, la Congregación para la Doctrina de la Fe emitió un documento sobre diversas cuestiones morales llamado-Dignitas Personae que también hablaba de vacunas que utilizaban tejidos derivados de abortos. La CDF también dijo que si no hay otras opciones disponibles y hay una razón seriamente grave para tomar la vacuna, los católicos pueden hacerlo si “dan a conocer su desacuerdo y piden que su sistema de salud ponga a disposición otros tipos de vacunas” (35). Dado que la mayoría de la gente tendrá que esperar por una vacuna de todos modos, parece que una buena forma de protestar es esperar una vacuna que no esté relacionada en absoluto con el aborto.

En este punto, dado lo que sabemos, no existe la obligación de rechazar o tomar la vacuna y el asunto se deja al juicio prudencial de los individuos. He leído algunas preocupaciones en línea de que la vacuna puede causar infertilidad al atacar ciertas proteínas de pico. Después de hablar con un par de médicos en nuestra parroquia, el consenso es que no hay suficiente similitud entre las proteínas para causar una reacción.

Es probable que aprendamos más en los próximos meses, pero si tiene una edad en la que es posible tener hijos y está considerando la vacuna, esto es algo para investigar y tener una conversación seria con su médico. Esto, por supuesto, no es una preocupación para los ancianos al tomar su decisión.

Que Dios los bendiga,  
**Padre David Angelino**

# MASS INTENTIONS AND OFFERTORY

## MASS SCHEDULE

### Monday, January 11, 2021

*Weekday in Ordinary Time*

- 6:45 a.m. ✕ Cam Joseph Nguyen & Francis Xavier Nguyen
- 8:30 a.m. ✕ Leroy Urbanek & James Wenzel Jr.
- 5:30 p.m. ✕ Herminia Williams

### Tuesday, January 12

*Weekday in Ordinary Time*

- 6:45 a.m. ✕ Charles & Lorine Bubela
- 8:30 a.m. ✕ Emmanuel & Macrina Bigcas

### Wednesday, January 13

*Weekday in Ordinary Time*

- 6:45 a.m. ✕ Dolia Guerrero
- 8:30 a.m. ✕ David Brittan
- 7:00 p.m. Francisca Contreras

### Thursday, January 14

*Weekday in Ordinary Time*

- 6:45 a.m. ✕ Dai Joseph Le
- 8:30 a.m. ✕ Danilo Santiago

### Friday, January 15

*Weekday In Ordinary Time*

- 6:45 a.m. ✕ Kien Maria Hoang
- 8:00 a.m. Chidi Odili
- 5:30 p.m. ✕ Arturo Gomez Gallegos

### Saturday, January 16

*Weekday in Ordinary Time*

- 8:30 a.m. ✕ Alex Cava
- 5:00 p.m. Joseph Ramos

### Sunday, January 17

*Second Sunday in Ordinary Time*

- 6:30 a.m. ✕ John Van Quang Tran & Martha Hau Dao
- 8:00 a.m. ✕ Olga Lidia Cenfuegos
- 10:00 a.m. Parish Family
- 12:00 p.m. ✕ Celia Abarca
- 2:00 p.m. ✕ Pedro Zalazar
- 5:00 p.m. Celebrant Intention

*One may request celebrant Mass intentions through our website ("contact us") or by visiting the parish office during regular business hours. Mass intentions are available two (2) months in advance only.*

## Saint Theresa Catholic Church Offertory Comparisons During Pandemic Weekly Offertory Goal \$42,049

Week	Offertory	Online	Total
July 6 - July 12	\$15,716	\$11,664	\$27,380
July 13 - July 19	\$13,157	\$9,437	\$22,594
July 20 - July 26	\$14,450	\$14,369	\$28,819
July 27 - Aug. 2	\$16,328	\$14,505	\$30,834
Aug. 3 - Aug. 9	\$18,991	\$12,647	\$31,638
Aug. 10 - Aug. 16	\$15,526	\$9,685	\$25,211
Aug. 17 - Aug. 23	\$16,960	\$10,335	\$27,295
Aug. 24 - Aug. 30	\$15,293	\$11,972	\$27,265
Aug. 31 - Sept. 6	\$18,676	\$14,239	\$32,915
Sept. 7 - Sept. 13	\$19,368	\$11,877	\$31,245
Sept. 14 - Sept. 20	\$24,890	\$10,112	\$35,002
Sept. 21 - Sept. 27	\$24,117	\$9,734	\$33,851
Sept. 28 - Oct. 4	\$18,558	\$13,786	\$32,345
Oct. 5 - Oct. 11	\$17,083	\$11,700	\$28,783
Oct. 12 - Oct. 18	\$14,805	\$9,492	\$24,297
Oct. 19 - Oct. 25	\$14,752	\$8,642	\$23,394
Oct. 26 - Nov. 1	\$24,824	\$12,991	\$37,815
Nov. 2 - Nov. 8	\$20,922	\$13,949	\$34,871
Nov. 9 - Nov. 15	\$16,031	\$11,843	\$27,874
Nov. 16 - Nov. 22	\$17,996	\$10,077	\$28,072
Nov. 23 - Nov. 29	\$14,999	\$12,739	\$27,738
Nov. 30 - Dec. 6	\$21,415	\$13,770	\$35,185
Dec. 7 - Dec. 13	\$22,426	\$13,598	\$36,024
Dec. 14 - Dec. 20	\$20,019	\$12,703	\$32,722

## PARISH CAPITAL CAMPAIGN 2017 Totals as of January 3, 2021

910 Participants

\$2.2 million Celebrated Goal - REACHED  
\$3.2 million Challenge Goal - REACHED  
\$5 million Victory Goal - Short \$1,768,751

Pledged \$3,231,249  
Payments \$2,433,956  
Adjustments \$3,000  
Balance of Pledges \$794,292

Thank you to all who has participated in our **2017 Capital Campaign**. We are proud to announce that the \$1,272,290 ADGH IGNITE goal for our parish has been met and paid in full.

**Current Parish Debt : \$2,081,194**

## DIOCESAN SERVICES FUND 2020

*Totals as of January 3, 2021*

Goal	\$ 205,000
Pledged	<b>\$ 155,047</b>
Payments	\$ 183,954
Balance	\$ 21,045

736 Participants

## PREPARACIÓN PARA BAUTISMO INFANTIL

**¡Les felicitamos por el nacimiento de su hijo/hija!**  
Por favor llamen a la oficina para inscribirse al  
281-494-1156 ext. 228.

## PREPARACIÓN PARA EL MATRIMONIO

Las personas que deseen contraer matrimonio aquí en la Iglesia de Santa Teresa son invitados a asistir a una entrevista de preparación matrimonial. Esto es obligatorio para comenzar el proceso de preparación. Es para las parejas que no están casadas y para las parejas que están casadas civilmente o que viven juntos. Por favor pre inscríbase llamando al **281-494-1156**. El seminario se ofrece cada otro mes, el segundo jueves a las 7:00 p.m. **El próximo seminario es el Jueves 14 de Enero** en el Salón FLC-A.

## INSCRIPCIÓN EN LA PARROQUIA

Solicitamos amablemente que todas las familias de nuestra parroquia estén registradas antes de registrarse para CCE o clases de preparación sacramental. Los formularios de registro y cambio están disponibles en el vestíbulo de la iglesia y en la oficina parroquial. Para actualizar la información en la parroquia, llame a la oficina parroquial de 8:00 a.m. a 5:00 p.m. Lunes a Viernes.

Altar flower sponsorship opportunities are available for the new year.



*In remembrance of a loved one,  
a donation toward an Altar  
arrangement is a lovely gesture.*

Please call the parish office for  
more details: 281-494-1156

## BAPTISM PREPARATION FOR INFANTS

**We congratulate you on your birth of your child!**  
Please call the office to register at  
281-494-1156 ext. 228

## PRE-MARRIAGE SEMINAR

This pre-marriage seminar is to commence the marriage preparation for all couples who wish to be married within St. Theresa's Catholic community. It is held on the second Tuesday of every other month at 7:00 pm. It provides an opportunity for couples to learn about the Catholic Church's theology of matrimony and begin the process to properly receive this great sacrament of the Church. Couples will learn details of how to plan and prepare for their wedding day and matrimony thereafter. Please pre-register by calling **281-494-1156**. The next seminar will be **Tuesday, February 9, 2021**. For more information please contact Deacon James Anderson at 281-224-9986.

## PARISH REGISTRATION

We kindly request that all families of our parish be registered before registering for CCE or sacramental preparation classes. Registration and change forms are available in the vestibule of the church and in the parish office. To update your parish information, please call the parish office from 8:00 a.m. - 5:00 p.m. Monday - Friday.



**It is always a good time to explore the Catholic faith,  
even in a pandemic!**

If you are seventeen years of age or older and are: unbaptized, baptized in another faith community, or a baptized Catholic who has never received your First Holy Communion, then the Rite of Christian Initiation for Adults (RCIA) is for you!

Because of the **COVID 19 pandemic**, we are unable to gather in person, yet we know the call of the Holy Spirit does not stop. If you are interested in growing in your relationship with Jesus Christ or just have some questions about God and the Catholic Church, we are here to walk with you. Contact Kelsey Pena at (281) 494-1156 ext. 222 or by e-mail: [kelsey.pena@sugarlandcatholic.com](mailto:kelsey.pena@sugarlandcatholic.com).

If you, your child or someone you know is between the ages of seven and sixteen, not baptized or baptized in another faith community, we have an RCIA process suited to your age group. Please contact Paul Stoessel at e-mail ([paul@sugarlandcatholic.com](mailto:paul@sugarlandcatholic.com)) prior to attending your first session.



# SAINT THERESA CATHOLIC SCHOOL

[www.sttheresacatholicschool.org](http://www.sttheresacatholicschool.org)

## - THE GRIFFIN NEWS -



### STCS ACADEMICS

On Wednesday, December 16 & Thursday, December 17, representatives from Grades 3-8 competed for the annual title of stellar speller at Saint Theresa Catholic School. Emerging victorious and winning the Elementary title was fifth-grader, **Thomas Hayes**; fellow fifth-grader, **Matilde Santizo**, was a close second. The Middle School victor was seventh-grader, **Clare Hayes**, with sixth-grader, **Jaron Brillantes**, close on her heels. Both Clare and Thomas will go on to represent STCS in the Archdiocesan Spelling Bee. Congratulations to all of our top achievers in spelling!

#### Elementary Classroom Finalist



Alice Harmon  
3<sup>rd</sup> Grade



Zoey Rivera-Codd  
3<sup>rd</sup> Grade



Rebecca Kota  
4<sup>th</sup> Grade



Derek Laboy  
4<sup>th</sup> Grade



Thomas Hayes  
5<sup>th</sup> Grade



Matilde Santizo  
5<sup>th</sup> Grade

#### Elementary Champion

#### Middle School Classroom Finalists



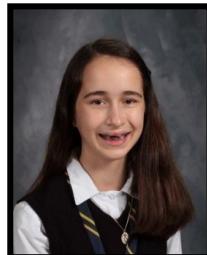
Jaron Brillantes  
6<sup>th</sup> Grade



Sophia Phalen  
6<sup>th</sup> Grade



Chimkasi Ezike  
7<sup>th</sup> Grade



Clare Hayes  
7<sup>th</sup> Grade



Megan Cung  
8<sup>th</sup> Grade



Aurelia Newcomb  
8<sup>th</sup> Grade

#### Middle School Champion

*Saint Theresa Catholic School's Mission is to furnish students with an outstanding Classical education informed by the wisdom of the Catholic intellectual and spiritual tradition.*

## THE YEAR OF ST. JOSEPH PRAYER



To you, O blessed Joseph, do we come in our afflictions, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities.

O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven. Amen.

## LA ORACIÓN DEL AÑO DE SAN JOSÉ



A ti, Bendito José, venimos en nuestras aflicciones, y habiendo implorado la ayuda de tu Santísima Esposa, también invocamos confiadamente tu patrocinio.

Por esa caridad que nos unió a la Inmaculada Virgen Madre de Dios y por el amor paterno con el que abrazaste al Niño Jesús, nosotros suplicamos humildemente que consideren la herencia que Jesucristo ha comprado con su Sangre, y con su poder y fuerza, para ayudarnos en nuestras necesidades.

O guardián más vigilante de la Sagrada Familia, defiende a los hijos escogidos de Jesucristo; O padre amado, aleja de nosotros todo contagio de error e influencia corrupta; O nuestro protector más poderoso, sé amable con nosotros y desde el cielo ayúdanos en nuestra lucha con el poder de las tinieblas.

Como una vez rescataste al Niño Jesús de un peligro mortal, ahora protege a la Santa Iglesia de Dios de las trampas del enemigo y de toda adversidad; presérvanos también a cada uno de nosotros con tu protección constante, para que, apoyados en tu ejemplo y tu ayuda, podamos vivir piadosamente, morir en santidad y obtener la felicidad eterna en el cielo. Amén.



## Famous BBQ Dinner

Tired of those Covid-19 Dinners at home?  
Let the Knights do the cooking for you!  
Our famous BBQ dinner is back for drive  
through service only on **Friday, January 22nd**  
from 5:30 till we sell out.

Complete dinner includes:  
chicken (white meat or dark meat choice),  
sausage link, mashed potatoes, green beans,  
bread slice and bbq sauce.



You don't even have to get out of your car,  
we will bring it to you!!

Brought to you by:  
Knights of Columbus Council 4204  
**Knights in Action!!**

## Knights of Columbus Free Throw Contest



The annual Free Throw Contest is open to  
all boys and girls ages 9 to 14.  
Come out and show your sharpshooting skills!

Date: **Sunday, January 17<sup>th</sup>**  
Location: **St. Theresa Family Life Center (Gym)**  
Time: **12:00 noon**

Winners in each age level will compete immediately  
afterwards for District Championship

First place winners will receive a Champion Certificate.  
District winners will receive **First Place Medals**.  
All participants will receive participation certificates.

***Participants are required to furnish proof  
of age and written parental consent.***

*Entry forms will be available on  
January 17<sup>th</sup> when you register.*

### THANKSGIVING AFTER MASS

I thank you, holy Lord, almighty Father, eternal God, who deigned to feast me, sinful and unworthy servant, with the precious body and blood of your Son, Jesus Christ our Lord, not for any merit of mine, but only because of your merciful goodness. And I pray that this Holy Communion, far from condemning me to punishment, may bring about my pardon and salvation, encompassing me with the armor of faith and the shield of a good will. By it let my vices be done away, all lustful desires extinguished. May it advance me in charity, patience, humility, obedience, and every other virtue. Let it be strong defense against the wiles of all my enemies, visible and invisible, allaying for me every disturbance of flesh and spirit, binding me firmly to you, the one true God, and bringing my last hour to a happy close. I pray, too, that it may be your pleasure to call my sinful self one day to that banquet, wonderful past all telling, where you, with your Son and the Holy Spirit, feast your saints with the vision of yourself, who are true light, the fulfillment of all desires, the joy that knows no ending, gladness unalloyed, and perfect bliss: through the same Christ our Lord. Amen.

*Saint Thomas Aquinas*



## SAFE ENVIRONMENT PROGRAM CHANGE

The CMG (Catholic Mutual Group) online training is replacing VIRTUS. The training consists of 3 vignette style training videos that are approximately 60 minutes. A criminal background check is included and must be completed.

The training is available in English and Spanish.  
**We will no longer offer live training. All Safe Environment training will only be available online.**

- All new employees and volunteers will complete the Safe Haven online training program instead of VIRTUS PGC training.
- All individuals must complete the training and complete a background check prior to the start of employment and/or volunteer service.
- The 5 year anniversary date is still in place. Individuals who recently attended VIRTUS will not be due to complete refresher training until they have reached their 5 year anniversary date.
- As the 5-year anniversary is reached, individuals will need to log into CMGConnect with their previous personal VIRTUS user Id and 1234 as the password. **Once you log into the CMGConnect account, you will be able to change your password.** If you do not remember your user Id, you may contact the following:
  1. Rosa Michel, 281-494-1156 or [rosa@sugarlandatholic.com](mailto:rosa@sugarlandatholic.com)
  2. Daphne Woods, 1-800-6108 ext. 2375 or [dwoods@catholicmutual.org](mailto:dwoods@catholicmutual.org)
  3. CMG at [cmgconnect@catholicmutual.org](mailto:cmgconnect@catholicmutual.org)

The following individuals below will now be required to complete Safe Haven online training as well:

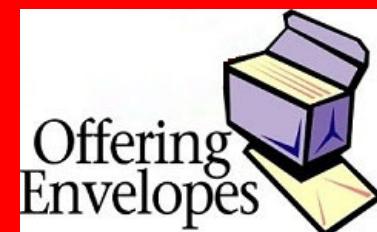
1. Individuals who have never attended training.
2. Individuals who are now due to refresher training and had not attended VIRTUS training.
3. Individuals who are currently due and have not attended VIRTUS training.
4. Individuals who are out of compliance or past due.



## WEEKLY READINGS

Have you been missing the weekly readings? We are making some edits to the bulletin in order to make more space for our events.

If you would like the readings emailed to you daily go to the Catholic Bishop's website <http://www.usccb.org/bible/index.cfm>, click on "Today's Readings" and subscribe at the bottom of the page.



If you are using our on-line option for contributions and would like your envelopes to be discontinued, please inform the parish office.  
**281-494-1156.**

**Find a Mass  
anywhere in the  
world with**


**masstimes.org**

"Come to me all of you." -Matthew 11:28



## HOW TO GO TO CONFESSION

In order to make a good confession, we first examine our conscience, asking God's help that we might know our sins and repent of them.

### Rite of Reconciliation

**Priest:** In the name of the Father and of the Son and of the Holy Spirit.

**Penitent:** Amen.

**Penitent:** **Bless me, Father, for I have sinned. It has been (how long?) since my last confession. My sins are: (confess your sins). And for these, and all the sins of my life, I am truly sorry.**

**Priest:** (gives you spiritual counsel and assigns a penance for your sins)

**Penitent:** (Pray an *Act of Contrition*. For example):

**Lord Jesus Christ, Son of the living God, have mercy on me, a sinner.**

—or—

**O my God, I am heartily sorry for having offended Thee, and I detest all my sins, because I dread the loss of heaven, and the pains of hell; but most of all because they offend Thee, my God, Who are all good and deserving of all my love. I firmly resolve with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.**

**Priest:** The priest prays the formula of absolution. At the conclusion, say, "Amen."

**Priest:** Go in peace.

**Penitent:** **Thanks be to God (do your penance as soon as possible).**

## EXAMINATION OF CONSCIENCE

If guilty of serious (mortal) sin, one should go to confession right away, especially before receiving Holy Communion. A mortal sin consists in serious matter, that is known to be serious, and freely committed.

- 1. I AM THE LORD YOUR GOD, YOU SHALL NOT HAVE STRANGE GODS BEFORE ME.** Did I fail to love God, to make God first in my life, to thank Him and to trust Him as He deserves? Did I fail to pray each day? Have I deliberately doubted or denied my faith? Have I been involved in the occult or superstitious practices? In any of my previous confessions, did I deliberately conceal sins out of shame or pride?
- 2. YOU SHALL NOT TAKE THE NAME OF THE LORD YOUR GOD IN VAIN.** Did I curse or swear? Did I use God's name without respect, as a curse or to blaspheme? Have I used foul language or jokes?
- 3. REMEMBER TO KEEP HOLY THE SABBATH DAY.** Have I deliberately missed Mass on Sundays or Holy Days of Obligation (this is serious matter)? Did I leave Mass early without a good reason? Am I regularly late for Mass? Did I receive Holy Communion in the state of mortal sin (this is serious matter)? Did I do unnecessary work on Sunday?
- 4. HONOR YOUR FATHER AND YOUR MOTHER.** Have I obeyed my parents? Do I respect others with lawful authority, especially teachers? Have I talked back? Did I fail to help at home or to spend time with my family?
- 5. YOU SHALL NOT KILL.** Did I give in to feelings of anger, jealousy, or hatred? Did I fight, give a bad example or cause scandal? Have I abused alcohol or drugs (this is serious matter)? Have I had or in any way permitted or encouraged abortion (this is serious matter)? Have I thought about suicide?
- 6. YOU SHALL NOT COMMIT ADULTERY.** (These are usually serious matters). Did I consent to impure thoughts or glances? Passionate Kisses? Sinful touches? Was I immodest in dress or behavior? Did I look at pornography, impure books, magazines or videos? Am I guilty of masturbation (impurity with self)? Fornication (premarital sex), adultery (sex with a married person) or contraception (by pills, devices, etc.)? Do I avoid laziness, gluttony, idleness and the occasions of impurity?
- 7. YOU SHALL NOT STEAL.** Have I taken what is not mine? What or how much? Did I return it or make up for what I have stolen? Have I cheated on tests or home-work? Did I waste time at work?
- 8. YOU SHALL NOT BEAR FALSE WITNESS AGAINST YOUR NEIGHBOR.** Have I lied or gossiped? Do I always tell the truth? Did I reveal secrets that should have been kept confidential? Am I critical, negative or uncharitable in my speech?
- 9. YOU SHALL NOT COVET YOUR NEIGHBOR'S WIFE.** Have I consented to impure thoughts? Have I encouraged them by stares, curiosity or impure conversations? Did I neglect to control my imagination or desire other people.
- 10. YOU SHALL NOT COVET YOUR NEIGHBOR'S GOODS.** Am I greedy? Am I jealous of others for who they are or what they have? Am I moody? Do I work, study and keep busy to counter idle thoughts? Am I critical, negative, or uncharitable in my thoughts of others? Is my heart set on earthly possessions or on the reassures of Heaven?

**"God never tires of forgiving us; we are the ones who tire of seeking his mercy."**

— Pope Francis, *Evangelii Gaudium: The Joy of the Gospel*

# PRAYER REQUESTS

## PRAYER FOR THE SICK

Omnipotent and eternal God, the everlasting Salvation of those who believe, hear us on behalf of Thy sick servant, **N.**, for whom we beg the aid of Thy loving mercy, that, with his bodily health restored, he may give thanks to Thee in Thy church. Through Christ our Lord. Amen.

Enrique Barajas  
 Evelyn Bartos  
 Lillie Beserra  
 Patricia Beserra  
 Daniel Billman  
 Camila Cortez  
 June Crader  
 Nancy Crockett  
 Karen Cromer  
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 Deacon Glenn Haller  
 Edith Hartensteiner  
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 Sharon Henry  
 Raphael Hinke  
 Margarita Iglesias  
 Debbie Kutra  
 Julia Luna  
 Madres Concepcionistas-  
 Franciscanas  
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 Matthew Schoonewolf  
 Amanda Schuster  
 Martina Spacek  
 Mateo Alexander Sparkman

Baldemar Torres  
 Anthony Valchar  
 Anthony Valicke  
 Shirley Westbrook  
 Harriet Wolda

## PRAYER FOR THE FAITHFUL DEPARTED

Eternal rest grant unto them, O Lord, and may perpetual light shine upon them. May they rest in peace. Amen. May their souls, and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

*We remember with gratitude, and pray for God's mercy upon:*

Deacon Frank Cromer, Deacon Don Senger, Deacon Joaquin Garcia, David Brittain, Galli Cribbs, Sr., Mike Reyes, Barbara Baker, Alex Cava, María de Jesús Sanmiguel, Jane Haygood, Jeannine Scates, Ariana Cortez, Benjamin Ejiofor, Edgardo Peralta, James Arnold, Fernando Caycedo, Enrique Avellaneda Jaimes, Jennie Mendoza, Monsignor Gerry Cernoch, Julian Villarreal, Jr., Clara Nowak Dullea, Doris Gijon, Rosie Velasquez, John Wolda, Patrick Accrocco, Mariano Saldua Mora, Thuy Hong Phan, Charles Lafond, Erik Thomas Garcia, Jerelyn Walker, Ana Luisa Gomez, Paul Veselka, Rolando Edralin, Luis Baez, Fred Meyer, Hertha Meyer, Frances Byrd



I believe in Thee, I hope in Thee, I love Thee,  
 I adore Thee, O Blessed Trinity, one God;  
 have mercy on me now and at the hour  
 of my death and save me.

*-Indulgence. 300 days*

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Monday—Friday 8:00 a.m.—5:00 p.m.

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 Rev. Jose Tharayil.....Ext. 251  
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 Rosa Michel, Bookkeeper & Safe Environment Coordinator.....Ext. 226  
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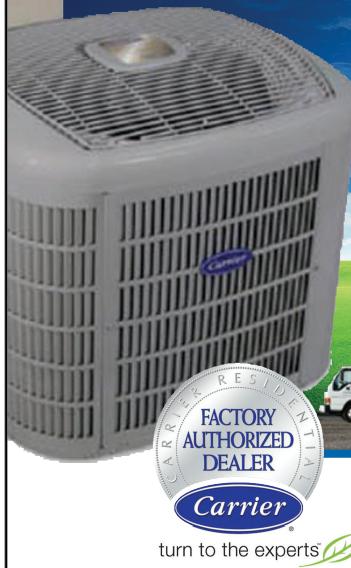


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Fax: 281.980.1533  
Cell: 281.389.5558  
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**Amen.**

*“You are my beloved Son; with you I am well pleased.” (Mark 1:7-11)*

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