

FOURTH SUNDAY OF ADVENT

S A I N T T H E R E S A P A R I S H

ARCHDIOCESE OF GALVESTON—HOUSTON



SAINT THERESA CATHOLIC CHURCH

705 SAINT THERESA BOULEVARD & SUGAR LAND, TEXAS 77498 & 281-494-1156

[WWW.SUGARLANDCATHOLIC.COM](http://WWW.SUGARLANDCATHOLIC.COM)

**WEEKDAY MASS SCHEDULE**  
**MISA ENTRE SEMANA**

**Monday—Friday**  
 6:45 a.m., 8:30 a.m.

Tuesday & Thursday  
 5:30 p.m.

Miércoles  
 7:00 p.m. (español)

Monday & Friday  
 (Extraordinary Form)  
 5:30 p.m.

**CONFESSION • CONFESIONES**

Saturday • Sábado  
 3:15 p.m. – 4:15 p.m.

Sunday • Domingo  
 4:00 p.m. – 4:45 p.m.

Weekdays • Entre Semana  
 Monday-Friday:  
 after each Morning Mass

Tuesday & Thursday  
 at 6:00 p.m.

Miércoles a las 6:00 p.m. (español)

**WEEKEND MASSES**  
**MISAS DEL FIN DE SEMANA**

**SATURDAY • SÁBADO**

8:30 a.m.  
 5:00 p.m. (anticipatory  
 Sunday Mass)

**SUNDAY • DOMINGO**

6:30 a.m., 8:00 a.m. (español),  
 10:00 a.m., Noon,  
 2:00 p.m. (español),  
 5:00 p.m. (Latin,  
 Extraordinary Form-Novus Ordo)

**On the cover:**

Raffaello Santi  
*The Visitation.*  
 1517, oil on canvas.  
 Museo del Prado,  
 Madrid, Spain.

*From the Pastor's Desk*

Dear Brothers and Sisters in Christ,

One of the things that my parents instilled in my sisters and I while growing up was the importance of writing ‘thank you’ cards for the gifts we received at Christmas. When we were young, we would send collective cards to our grandparents and relatives, but as we grew older we began writing our own.

We rightly look forward to the celebration of the coming of Christ at Christmas with gratitude and thanksgiving for His condescension (understood classically as “voluntary inclining to equality with inferiors” rather than any kind of disdain) in taking on human nature in order to redeem us. This theme of gratitude appears prominently in the Gospel of St. Luke and Jesus’ encounter with 10 lepers, only one of whom returns to give thanks.

One way to grow in gratitude for all of God’s gifts is by reviewing our day sometime in the evening before bed to reflect on the different graces God gave us, the ways he sustained us, and our own failings (the Daily Examen). Another powerful practice is the act of Thanksgiving we make after receiving Holy Communion at Mass.

The Dominican priest, Fr. Garrigou-LaGrange, writes about the sorrow experienced by those desirous to grow in virtue when “they see, in certain places, almost the entire body of the faithful leave the church immediately after the end of the Mass during which they have received Holy Communion.” For “in Communion we receive a gift far superior to the miraculous cure of a physical disease; we receive the Author of salvation and an increase of the life of grace, which is the seed of glory, or eternal life begun. We receive an increase of charity, the highest of the virtues, which vivifies, animates all the others, and is the very principle of merit.” (*The Three Ages of the Interior Life*, ch. 32)

Pope Benedict XVI wrote about the crucial importance of making a thanksgiving after receiving Holy Communion, calling it a “precious time...that should not be neglected” (*Sacramentum Caritatis* 2007, 50). We send thank you cards for material gifts in gratitude for the generosity and love that they represent. How much more ought we to thank Our Lord for the gift of Himself?

“We want to be satisfied with our Communions; and we ought only to try to satisfy our Lord. In His satisfaction, we should find our own, after a nobler, more solid, more excellent manner than we can believe” (*The Spiritual Maxims of Fr. Grou*).

May God bless you,  
**Fr. David Angelino**

Altar flower sponsorship opportunities are available for next year.



*In remembrance of a loved one, a donation toward an Altar arrangement is a lovely gesture.*

Please call the parish office for more details:  
281-494-1156



Fundraiser for:  
**St. Theresa Catholic Church**  
Sugar Land, TX

For each promo code redeemed during the 2021 Sugar Land Holiday Lights season, purchasers receive a discount off the day of event adult ticket price, and \$2.00 is given back to the nonprofit.

**Promo Code: STCC**

To purchase tickets, visit  
**SugarLandHoliday-Lights.com**

For more information, visit  
**SugarLandHoliday-Lights.com**  
or call 281-240-4487

*\*This offer cannot be combined with any other discount or promotion.*



Queridos hermanos y hermanas en Cristo,

Una de las cosas que mis padres nos inculcaron a mis hermanas y a mí mientras crecíamos fue la importancia de escribir tarjetas de agradecimiento por los obsequios que recibimos en Navidad. Cuando éramos jóvenes, enviábamos tarjetas colectivas a nuestros abuelos y familiares, pero a medida que crecíamos comenzamos a escribir las nuestras.

Esperamos con razón la celebración de la venida de Cristo en Navidad con gratitud y acción de gracias por su condescendencia (entendida clásicamente como “inclinación voluntaria a la igualdad con los inferiores” en lugar de cualquier tipo de desdén) al asumir la naturaleza humana para redimirnos. Este tema de la gratitud aparece de forma destacada en el Evangelio de San Lucas y en el encuentro de Jesús con diez leprosos, de los cuales sólo uno vuelve a dar gracias.

Una forma de crecer en gratitud por todos los dones de Dios es revisando nuestro día en algún momento de la noche antes de acostarnos para reflexionar sobre las diferentes gracias que Dios nos dio, las formas en que nos sostuvo y nuestras propias fallas (el Examen Diario). Otra práctica poderosa es el acto de Acción de Gracias que hacemos después de recibir la Sagrada Comunión en la Misa.

El sacerdote dominico, Padre Garrigou-LaGrange, escribe sobre el dolor que experimentan los deseosos de crecer en la virtud cuando “ven, en determinados lugares, que casi todo el cuerpo de fieles abandona la iglesia inmediatamente después de finalizada la Misa en la que han recibido la Sagrada Comunión.” Porque “en la Comunión recibimos un regalo muy superior a la cura milagrosa de una enfermedad física; recibimos al Autor de la salvación y un aumento de la vida de la gracia, que es la semilla de la gloria o la vida eterna comenzada. Recibimos un aumento de la caridad, la más alta de las virtudes, que vivifica, anima a todas las demás y es el principio mismo del mérito”. (*Las tres edades de la vida interior*, cap. 32)

El Papa Benedicto XVI escribió sobre la importancia crucial de hacer una acción de gracias después de recibir la Sagrada Comunión, llamándolo un “tiempo precioso ... que no debe descuidarse” (*Sacramentum Caritatis* 2007, 50). Enviamos tarjetas de agradecimiento por los obsequios materiales en agradecimiento por la generosidad y el amor que representan. ¿Cuánto más debemos agradecer a Nuestro Señor por el don de Sí mismo?

“Queremos estar satisfechos con nuestras Comuniones; y solo debemos tratar de satisfacer a nuestro Señor. En su satisfacción, debemos encontrar la nuestra, de una manera más noble, más sólida, más excelente de lo que podemos creer” (*Las máximas espirituales del P. Grou*).

Que Dios los bendiga,  
**Padre David Angelino**

# MASS INTENTIONS AND OFFERTORY

## MASS SCHEDULE

**Monday, December 20, 2021**

*Weekday in Advent*

- 6:45 a.m. ✘ Lazaro Mabilangan
- 8:30 a.m. ✘ Eusebio & Carolina Estrada
- 5:30 p.m. ✘ Lynne Anne & Louis Joseph Menesse

**Tuesday, December 21**

*Weekday in Advent*

- 6:45 a.m. ✘ Drowning Victims
- 8:30 a.m. ✘ Clara & Richard Dullea
- 5:30 p.m. ✘ Van, Fr. Luong Tran & Hau Dao

**Wednesday, December 22**

*Weekday in Advent*

- 6:45 a.m. Darrell & Judy Pavlicek
- 8:30 a.m. ✘ Francisco Yu
- 7:00 p.m. ✘ Anastacio Reyes

**Thursday, December 23**

*Weekday in Advent*

- 6:45 a.m. ✘ Julia Garcia
- 8:30 a.m. ✘ Jacqueline del Rocio Wright
- 5:30 p.m. ✘ Eugene & Dale Henry

**Friday, December 24**

*Weekday in Advent*

- 5:00 p.m. ✘ Roman Skorupsky
- 5:15 p.m. ✘ Mercedes Viloría & Stojadin Milosauljevic
- 7:00 p.m. Jennifer Nguyen Family
- 9:00 p.m. Anita Linares

**Saturday, December 25**

*The Nativity of the Lord (Christmas)*

- 12:00 a.m. ✘ Parish Family
- 6:30 a.m. Kevin & Leslie Freeman
- 8:00 a.m. Francisco & Arminda Rivas
- 10:00 a.m. Johnny Venza
- 12:00 p.m. ✘ Felipe Guerrero

**Sunday, December 26**

*The Holy Family of Jesus, Mary & Joseph*

- 6:30 a.m. ✘ Father Luong Tran
- 8:00 a.m. ✘ Francisca Contreras
- 10:00 a.m. Parish Family
- 12:00 p.m. Maria Teresa & Daisy Romo
- 2:00 p.m. ✘ Juan Manuel Valdez
- 5:00 p.m. ✘ Joseph Khoi Minh Tran

## Saint Theresa Catholic Church

*Offertory Comparisons*

**Weekly Offertory Goal \$41,901**

Week	Offertory	Online	Total
May 31 - June 6	\$22,133	\$14,198	\$36,330
June 7 - June 13	\$22,343	\$10,499	\$32,842
June 14 - June 20	\$24,666	\$11,946	\$36,612
June 21 - June 27	\$20,575	\$11,152	\$31,727
June 28 - July 4	\$25,660	\$20,354	\$46,013
July 5 - July 11	\$25,262	\$10,724	\$35,985
July 12 - July 18	\$23,034	\$10,936	\$33,970
July 19 - July 25	\$26,678	\$10,404	\$37,081
July 26 - August 1	\$22,793	\$7,123	\$29,916
August 2 - August 8	\$25,697	\$21,054	\$46,751
August 9 - August 15	\$20,164	\$10,688	\$30,852
August 16 - August 22	\$21,304	\$10,259	\$31,562
August 23 - August 29	\$27,424	\$11,176	\$38,600
August 30 - September 5	\$19,495	\$15,966	\$35,456
September 6 - September 12	\$24,947	\$9,525	\$34,472
September 13 - September 19	\$22,385	\$11,098	\$33,483
September 20 - September 26	\$26,628	\$9,196	\$35,824
September 27 - October 3	\$27,505	\$16,728	\$44,233
October 4 - October 10	\$25,843	\$10,625	\$36,468
October 11 - October 17	\$20,583	\$10,601	\$31,184
October 18 - October 24	\$23,433	\$8,647	\$32,080
October 25 - October 31	\$24,583	\$11,249	\$35,832
November 1 - November 7	\$25,191	\$15,437	\$40,628
November 8 - November 14	\$22,535	\$10,510	\$33,045
November 15 - November 21	\$18,711	\$9,286	\$27,997
November 22 - November 28	\$24,293	\$12,936	\$37,229
November 29 - December 5	\$27,643	\$15,163	\$42,806

## PARISH CAPITAL CAMPAIGN 2017

*Totals as of December 5, 2021*

910 Participants

Pledged \$3,231,249  
 Payments \$2,587,690  
 Adjustments \$3,000  
 Balance of Pledges \$640,558

Our 2017 Capitol Campaign has ended. Current open pledges are still being received. Thank you all for your generous commitment to this important parish campaign.

**Current Parish Debt: \$1,986,739**

## DIOCESAN SERVICES FUND 2021

*Totals as of December 5, 2021*

Goal \$ 200,000  
 Payments \$ 175,509  
 Balance \$ 24,491

645 Participants

**PREPARACIÓN PARA BAUTISMO INFANTIL**

**¡Les felicitamos por el nacimiento de su hijo/hija!**  
Por favor llamen a la oficina para inscribirse al  
281-494-1156 ext. 228.

**PREPARACIÓN PARA EL MATRIMONIO**

Las personas que deseen contraer matrimonio aquí en la Iglesia de Santa Teresa son invitados a asistir a una entrevista de preparación matrimonial. Esto es obligatorio para comenzar el proceso de preparación. Es para las parejas que no están casadas y para las parejas que están casadas civilmente o que viven juntos. Por favor pre inscribise llamando al **281-494-1156**. El seminario se ofrece cada otro mes, el segundo jueves a las 7:00 p.m. **El próximo seminario es el Jueves 13 de Enero** en el Salón FLC-A.

**INSCRIPCIÓN EN LA PARROQUIA**

Solicitamos amablemente que todas las familias de nuestra parroquia estén registradas antes de registrarse para CCE o clases de preparación sacramental. Los formularios de registro y cambio están disponibles en el vestíbulo de la iglesia y en la oficina parroquial. Para actualizar la información en la parroquia, llame a la oficina parroquial de 8:00 a.m. a 5:00 p.m. Lunes a Viernes.

**RITO DE INICIACION CRISTIANA PARA ADULTOS (RICA)**

**¿Está Dios llamándote a hacer algo más?  
¡Ven y explora la Iglesia Católica!**

Si tienes 17 años de edad o más y no has sido bautizado, o has sido bautizado en otra comunidad de fe, o bautizado Católico pero que nunca has recibido la Primera Comunión, entonces RICA es para ti!

La próxima reunión de Iniciación será el **Domingo 19 de Diciembre del 2021** de 10:00 am a 12:00 pm en el salón B1/7. Estos encuentros informales están estructurados para responder a tus preguntas acerca de la Iglesia católica.

**Póngase en contacto con: Elsa Galindo al 281-494-1156**

Si usted, su hijo o alguien a quien usted conoce, tiene entre 7 y 16 años de edad, no haya sido bautizado o ha sido bautizado en otra comunidad de fe, tenemos el proceso de RICA propio para cada grupo de diferentes edades. Las sesiones de Iniciación son todos los miércoles a las 6:30 pm. Por favor haga una cita en la oficina al teléfono 281-494-1156 para Registrar su Familia y los Niños antes de atender la primera sesión.

**BAPTISM PREPARATION FOR INFANTS**

**We congratulate you on your birth of your child!**  
Please call the office to register at  
281-494-1156 ext. 228

**PRE-MARRIAGE SEMINAR**

This pre-marriage seminar is to commence the marriage preparation for all couples who wish to be married within St. Theresa's Catholic community. It is held on the second Tuesday of every other month at 7:00 pm. It provides an opportunity for couples to learn about the Catholic Church's theology of matrimony and begin the process to properly receive this great sacrament of the Church. Couples will learn details of how to plan and prepare for their wedding day and matrimony thereafter. Please pre-register by calling **281-494-1156**. The next seminar will be **Tuesday, February 8, 2022**. For more information please contact Deacon James Anderson at 281-224-9986.

**PARISH REGISTRATION**

We kindly request that all families of our parish be registered before registering for CCE or sacramental preparation classes. Registration and change forms are available in the vestibule of the church and in the parish office. To update your parish information, please call the parish office from 8:00 a.m. - 5:00 p.m. Monday - Friday.



**It is always a good time to explore the  
Catholic faith, even in a pandemic!**

If you are seventeen years of age or older and are: unbaptized, baptized in another faith community, or a baptized Catholic who has never received your First Holy Communion, then the Rite of Christian Initiation for Adults (RCIA) is for you!

Because of the **COVID 19 pandemic**, we are unable to gather in person, yet we know the call of the Holy Spirit does not stop. If you are interested in growing in your relationship with Jesus Christ or just have some questions about God and the Catholic Church, we are here to walk with you. Contact Kelsey Pena at (281) 494-1156 ext. 222 or by e-mail: [kelsey.pena@sugarlandcatholic.com](mailto:kelsey.pena@sugarlandcatholic.com).

If you, your child or someone you know is between the ages of seven and sixteen, not baptized or baptized in another faith community, we have an RCIA process suited to your age group. Please contact Paul Stoessel at e-mail ([paul@sugarlandcatholic.com](mailto:paul@sugarlandcatholic.com)) prior to attending your first session.



# SAINT THERESA CATHOLIC SCHOOL

www.sttheresacatholicschool.org

## - THE GRIFFIN NEWS -

*A Special Thank You to our Auction Donors and Underwriters for Supporting the 2021 STCS Christmas Gala*

**Court Hardware**

**Romano & Sumner, PLLC**

**STCS Pre-Kindergarten Class**

**STCS Kindergarten Class**

**STCS First Grade Class**

**STCS Second Grade Class**

**STCS Third Grade Class**

**STCS Fourth Grade Class**

**STCS Fifth Grade Class**

**STCS Sixth Grade Class**

**STCS Seventh Grade Class**

**STCS Eighth Grade Class**

**Keeper's Japanese Restaurant**

**Kimberly & Daniel Phalen**

**Agnes & Victor Ezike**

**Laura & Raymond French**

**Delectable Décor**

**Julissa Lash Studio**

**STCS Moms' Club**

**STCS Dads' Club**

**Fr. David Angelino**

**Eya Tkachenko & Anton Nikitin**

**Our Amazing STCS Parents**

**Toni & John Goldak**

**Leanne & Jerome Landreneau**

**Kim & Chad Pinyopusarek**

**Shayna & Adam Pond**

**Renee & Billy Gibula**

**Paulina Sosa**

**Shelly Grimsley**

**Gerry Myers Photography**

**Olympia Gymnastics & Tumbling**

**Carla & Kevin Casey**

**Carmen Sanchez-Romero**

**Leah & Jonathan O'Dwyer**

**Dyala & Elias Hazboun**

**William Bolish**

**STCS Athletic Department**

**Sarah & Samantha Court**

**Jason Deitz-State Farm**

**Tracy Rand**

**Mary & Nicholas Noe**

**Minda & Nathaniel Maglaqui**

**Pamela & Timothy Oppermann**

*Saint Theresa Catholic School's Mission is to furnish students with an outstanding Classical education informed by the wisdom of the Catholic intellectual and spiritual tradition.*

**December Traditional Latin Masses**

St. Theresa's                      St. Bart's

Monday December 27th @ 5:30pm  
St. John the Evangelist  
(Followed by Blessing of Wine)

Thursday December 30th @ 7:00pm  
Christmas Thursday

705 St Theresa Blvd                      11th St  
Sugar Land, TX 77498                      Katy, TX 77493

**The parish office will be closed Friday, December 24 and Monday, December 27, 2021 in observance of Christmas.**

**St Vincent de Paul Society**  
*good works*

St. Vincent de Paul office will be closed on **Friday, December 24th** in observance of Christmas.

Office will re-open on **Monday, December 27, 2021.**

# EMPLOYMENT OPPORTUNITY

Are you ready for a Change in your career? How about starting a new job to celebrate the New Year? Our Fort Bend County Government has outstanding job opportunities that allow us to work close to home and receive “Great Pay” and “Amazing Benefits”. We are looking for qualified individuals to fill positions in the following fields: Administrative/Clerical; Law Enforcement; Professional/ Management; Public Health; Operator/ Skilled and Temporary/Part-Time/Seasonal.

To search and apply for jobs with the Fort Bend County Government, please visit our employment website at: [www.fortbendcounty.jobs](http://www.fortbendcounty.jobs)

You may contact Fort Bend County Human Resources, Carolyn Manville, at 281-344-3956, if you have any questions. Thank you for your interest in working with Fort Bend County!

**MERRY CHRISTMAS!**



**CONSECRATION TO THE HOLY FAMILY**



Families today face many struggles, both through cultural pressures and through personal struggles. Despite these struggles families have a great capacity for love and joy, a joy that is strengthened through the peace and truth found in Christ.

To help strengthen families and revitalize our parish, the Knights of Columbus asks every family in the parish to engage in the “Consecrate to the Holy Family”.

**PROCESS / SCHEDULE**

**December 18<sup>th</sup> – 19<sup>th</sup>**

1. **Daily Family Prayer** – Each family should pray together each day for a week.
2. **Fasting** - Families are strongly encouraged to fast from something during this week. Fasting should be from something that is normally consumed or an activity that is regularly done.
3. **Reconciliation** - Families are strongly encourage to go to confession prior to the Consecration (Sunday, December 26<sup>th</sup>)

**December 26<sup>th</sup>**

- Attend Mass and recite the “*Consecration to the Holy Family*” prayer together as a parish family.

*Please make a commitment to consecrate your family to the Holy Family.*



**CHRISTMAS MASS SCHEDULE**



**CHRISTMAS EVE  
Friday, December 24**

- 5:00 p.m.
- 5:15 p.m. (Community Center)
- 7:00 p.m.
- 9:00 p.m. *Misa de Noche Buena*

- Midnight of Christmas**
- 11:00 p.m. Office of Readings & Motets
  - 12:00 Midnight Mass

**CHRISTMAS DAY  
Saturday, December 25**

- 6:30 a.m.
- 8:00 a.m. (español)
- 10:00 a.m.
- 12:00 p.m. Noon

**SOLEMNITY OF MARY,  
THE HOLY MOTHER OF GOD**  
*Normally Holy Day of Obligation*

**December 31, 2021**

- 5:30 p.m. Vigil Mass
- 7:30 p.m. (español)



## HOW TO GO TO CONFESSION

In order to make a good confession, we first examine our conscience, asking God's help that we might know our sins and repent of them.

### Rite of Reconciliation

**Priest:** In the name of the Father and of the Son and of the Holy Spirit.

**Penitent:** Amen.

**Penitent:** **Bless me, Father, for I have sinned. It has been (how long?) since my last confession. My sins are: (confess your sins). And for these, and all the sins of my life, I am truly sorry.**

**Priest:** (gives you spiritual counsel and assigns a penance for your sins)

**Penitent:** (Pray an *Act of Contrition*. For example):

**Lord Jesus Christ, Son of the living God, have mercy on me, a sinner.**

—or—

**O my God, I am heartily sorry for having offended Thee, and I detest all my sins, because I dread the loss of heaven, and the pains of hell; but most of all because they offend Thee, my God, Who are all good and deserving of all my love. I firmly resolve with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.**

**Priest:** The priest prays the formula of absolution. At the conclusion, say, "Amen."

**Priest:** Go in peace.

**Penitent:** **Thanks be to God (do your penance as soon as possible).**

## EXAMINATION OF CONSCIENCE

*If guilty of serious (mortal) sin, one should go to confession right away, especially before receiving Holy Communion. A mortal sin consists in serious matter, that is known to be serious, and freely committed.*

**1. I AM THE LORD YOUR GOD, YOU SHALL NOT HAVE STRANGE GODS BEFORE ME.** Did I fail to love God, to make God first in my life, to thank Him and to trust Him as He deserves? Did I fail to pray each day? Have I deliberately doubted or denied my faith? Have I been involved the occult or superstitious practices? In any of my previous confessions, did I deliberately conceal sins out of shame or pride?

**2. YOU SHALL NOT TAKE THE NAME OF THE LORD YOUR GOD IN VAIN.** Did I curse or swear? Did I use God's name without respect, as a curse or to blaspheme? Have I used foul language or jokes?

**3. REMEMBER TO KEEP HOLY THE SABBATH DAY.** Have I deliberately missed Mass on Sundays or Holy Days of Obligation (this is serious matter)? Did I leave Mass early without a good reason? Am I regularly late for Mass? Did I receive Holy Communion in the state of mortal sin (this is serious matter)? Did I do unnecessary work on Sunday?

**4. HONOR YOUR FATHER AND YOUR MOTHER.** Have I obeyed my parents? Do I respect others with lawful authority, especially teachers? Have I talked back? Did I fail to help at home or to spend time with my family?

**5. YOU SHALL NOT KILL.** Did I give in to feelings of anger, jealousy, or hatred? Did I fight, give a bad example or cause scandal? Have I abused alcohol or drugs (this is serious matter)? Have I had or in any way permitted or encouraged abortion (this is serious matter)? Have I thought about suicide?

**6. YOU SHALL NOT COMMIT ADULTERY.** (These are usually serious matters). Did I consent to impure thoughts or glances? Passionate Kisses? Sinful touches? Was I immodest in dress or behavior? Did I look at pornography, impure books, magazines or videos? Am I guilty of masturbation (impurity with self)? Fornication (premarital sex), adultery (sex with a married person) or contraception (by pills, devices, etc.)? Do I avoid laziness, gluttony, idleness and the occasions of impurity?

**7. YOU SHALL NOT STEAL.** Have I taken what is not mine? What or how much? Did I return it or make up for what I have stolen? Have I cheated on tests or home-work? Did I waste time at work?

**8. YOU SHALL NOT BEAR FALSE WITNESS AGAINST YOUR NEIGHBOR.** Have I lied or gossiped? Do I always tell the truth? Did I reveal secrets that should have been kept confidential? Am I critical, negative or uncharitable in my speech?

**9. YOU SHALL NOT COVET YOUR NEIGHBOR'S WIFE.** Have I consented to impure thoughts? Have I encouraged them by stares, curiosity or impure conversations? Did I neglect to control my imagination or desire other people.

**10. YOU SHALL NOT COVET YOUR NEIGHBOR'S GOODS.** Am I greedy? Am I jealous of others for who they are or what they have? Am I moody? Do I work, study and keep busy to counter idle thoughts? Am I critical, negative, or uncharitable in my thoughts of others? Is my heart set on earthly possessions or on the reassures of Heaven?

***"God never tires of forgiving us; we are the ones who tire of seeking his mercy."***

— Pope Francis, *Evangelii Gaudium: The Joy of the Gospel*



## COMO CONFESARSE

*Para confesarse bien, hacemos una Buena examen de conciencia, pidiendo la ayuda de Dios para saber y arrepentir de nuestros pecados.*

### Rito de Reconciliación

**Sacerdote:** En el nombre del Padre, del Hijo, y del Espíritu Santo.

**Penitente:** Amen.

**Penitente:** **Bendígame, Padre, porque he pecado. Mi última confesión fue...** (diga al Padre cuanto tiempo de su última confesión). **Mis pecados son..**

**Sacerdote:** (El sacerdote te aconsejara y te dará la penitencia)

**Penitente:** (Reza el *Acto de Contrición*.)

Señor Jesucristo, Hijo de Dios, ten piedad de mi, un pecador.

—o—

Dios mío, me arrepiento de todo corazón de todos lo malo que he hecho y de lo bueno que he dejado de hacer; porque pecando te he ofendido a ti, que eres el sumo Bien y digno de amor por encima de todas las cosas. Propongo firmemente, con tu gracia, cumplir la penitencia, no volver a pecar y evitar las ocasiones de pecado. Perdóname, Señor, por los méritos de la Pasión de nuestro Salvador Jesucristo. Amén.

**Sacerdote:** El sacerdote hace una oración de absolución. A la conclusión diga: **“Amen.”**

**Sacerdote:** Puedes ir en paz.

**Penitente:** **Gracias a Dios.** (Haz la penitencia cuando salga del confesionario).

### Como Confesarse Bien

Antes de confesarnos realizamos un examen de conciencia . Vamos a un lugar tranquilo, preferiblemente ante el sagrario, para orar. Solo Dios puede iluminar nuestra realidad y darnos los medios para responder a la gracia. La confesión solo puede hacerse ante un sacerdote.

### Examen de Conciencia:

- ¿He rechazado o abandonado mi fe? ¿Me he preocupado por conocerla mejor? ¿La he defendido, o me he avergonzado de ella? ¿Hay algún aspecto de la fe que no acepto?
- ¿He tomado el nombre de Dios en vano? ¿He hecho espiritismo o he confiado en adivinos u horóscopos? ¿He mostrado falta de respeto por las personas, lugares o cosas santas?
- ¿He faltado voluntariamente a Misa los domingos o días de precepto?
- ¿He recibido al Señor en la Sagrada Comunión teniendo algún pecado grave en mi conciencia?
- ¿Le he recibido sin agradecimiento o sin la debida reverencia?
- ¿He sido impaciente, he tenido celos o me he enfadado?
- ¿He albergado rencores o he estado poco dispuesto a perdonar?
- ¿He sido violento con otras personas verbal o físicamente?
- ¿He cooperado o alentado a alguien a abortar, destruir embriones, a la eutanasia o a otro medio para acabar con la vida humana?
- ¿He tenido odio o he hecho juicios críticos de pensamiento o de obra? ¿He menospreciado a otros?
- ¿He hablado mal de otros?
- ¿He tomado alcohol en exceso? ¿He consumido drogas?
- ¿He mirado vídeos o páginas web pornográficas? ¿He cometido actos impuros conmigo mismo o con otras personas? ¿Vivo con alguien como si estuviéramos casados sin estarlo?
- Si estoy casado, ¿procuro amar a mi cónyuge por encima de cualquier otra persona? ¿Pongo mi matrimonio en primer lugar? ¿Y mis hijos? ¿Tengo una actitud abierta a nuevas vidas?
- ¿Permito que mi trabajo ocupe tiempo y energías que corresponden a mi familia o amigos?
- ¿He sido soberbio o egoísta de pensamiento o de obra? ¿He desatendido a los pobres o a los necesitados? ¿He gastado dinero para mi comodidad o lujo personal olvidando mis responsabilidades hacia otros y hacia la Iglesia?
- ¿He dicho mentiras? ¿He sido honesto y diligente en mi trabajo? ¿He robado o engañado a alguien en el trabajo?
- ¿Me he dejado llevar por la pereza? ¿He preferido mi comodidad personal al servicio a los demás? ¿He desatendido mi responsabilidad de acercar a los demás a Dios con mi ejemplo y mi palabra?

# PRAYER REQUESTS

## PRAYER FOR THE SICK

Omnipotent and eternal God, the everlasting Salvation of those who believe, hear us on behalf of Thy sick servant, **N.**, for whom we beg the aid of Thy loving mercy, that, with his bodily health restored, he may give thanks to Thee in Thy church. Through Christ our Lord. Amen.

Gloria Arp  
 Enrique Barajas  
 Evelyn Bartos  
 Lillie Beserra  
 Laura Camacho Blaze  
 Marilyn Cheaney  
 Karen Cromer  
 Barbara DeMarino  
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 Sister Maria Dorothy Ugbe  
 Anthony Valchar  
 German E. Velazco Fariad  
 Teresa Villela  
 Katie Vos  
 Kathryn Weinstein  
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## PRAYER FOR THE FAITHFUL DEPARTED

Eternal rest grant unto them, O Lord, and may perpetual light shine upon them. May they rest in peace. Amen. May their souls, and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

*We remember with gratitude, and pray for God's mercy upon:*

Mariano Saldua Mora, Charles Lafond, Erik Thomas Garcia, Daniel Martinez Jr., Rolando Edralin, Charles B. Claire, Sabastian Maliakkal, Jerelyn Walker, Ana Luisa Gomez, Paul Veselka, Luis Baez, Humberto S. Gonzalez, Froylan Velazquez, Hertha Meyer, Felipe Guerrero, William A. Little, Jose Apolinar Mena, Eliseo Villareal, Benny Joe Rodriguez, Frances Byrd, Joseph Sanchez, John Reyes Duran Jr., Pepe Ilarde, Anthony C. Reina, Mario C. Dulyunan, Dr. Stephen Ho, Guadalupe Marquez, Patricia Ann Becerra, Shirley Westbrook, Carolina Nieto, Edward Yuseco, Evelyn Vaclavik, James Kowal, Raelyn Reyes, Pedro & Milagro Sanchez, Ygnacia Villareal, Karen McClung, Dorothy Albright, Katina M. Dimiceli, Modesta Leus, Angel Medrano Genaro Castro, Guadalupe Zavala, Diane Zavala, Dustin Chudalla, Evangelina F. Tiangco, Thomas C. McMahon, Glenda Z. Maraldo, Dominga Aggalut, Eva Flores, Maria Mendez, Jesse E. Sanchez Sr., Eranio F. Tanafranca, Cynthia Ann Laursen, Erma Martin, Theodor Jovellanos, Carole Cleveland, Mateo Alexander Sparkman, Adoracio Vicente Fiedacan, Mary Tanner, Isabel Estrada, Baldemar Torres, Robert Brengel Sr. Charlie Lopanec



**I believe in Thee, I hope in Thee, I love Thee,  
 I adore Thee, O Blessed Trinity, one God;  
 have mercy on me now and at the hour  
 of my death and save me.  
 -Indulgence. 300 days**

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Pour forth, we beseech you, O Lord,  
 your grace into our hearts, that we,  
 to whom the Incarnation of Christ your Son  
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 may by his Passion and Cross be brought  
 to the glory of his Resurrection.

Who lives and reigns with you  
 in the unity of the Holy Spirit,  
 one God, for ever and ever.  
**Amen.**

*“Blessed are you who believed that what was spoken to you  
 by the Lord would be fulfilled” (Luke 1:45).*

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